

WEEK TWO





Week 2: Trusting Jesus

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Theme: We must trust Jesus and His plans for us.

Bible Story: Jesus Calms the Storm (Mark 4:35–41)

- Big Idea: Trusting Jesus helps us through the storms in life.
- Memory Verse: "Why are you so afraid? Do you still have no faith?" -Mark 4:40
- Activity Idea: Create a "storm" in the classroom using paper fans or a large fan, and talk about how Jesus is with us through life's challenges.
- Discussion Points:
- 1. What do you think the disciples felt when the storm happened?
- 2. How can we trust Jesus during hard times?

Week 2: Lesson

Jesus Calms the Storm

[Setting the Scene]

(Imagine the children sitting or standing in a calm, quiet environment. The mood should be peaceful, but with an undercurrent of excitement building.)

Narrator: One evening, after a long day of teaching, Jesus and His disciples decided to get into a boat and cross over to the other side of the lake. The sky was starting to turn a soft orange as the sun began to set. Everything seemed peaceful, and the boat gently rocked on the calm waters.

(Slowly sway from side to side, mimicking the rocking of the boat to get the children to feel the calmness of the moment.)

Jesus, being very tired from all the teaching and miracles He'd done, decided to take a nap. He lay down on a cushion in the back of the boat, closed His eyes, and drifted off to sleep. It was a quiet, peaceful moment —until... something began to happen.

(Shift the tone and pace to build suspense. Lower your voice as you introduce the change in the weather.)



Week 2: Lesson

Narrator: Suddenly, out of nowhere, a fierce storm came crashing down on them! The wind began to howl and roar. The waves grew bigger and bigger, splashing over the sides of the boat. The water started to fill the boat, and the disciples were scared!

(Use a loud, windy sound and motion to show the storm growing. You can have the children pretend to feel the wind or hold their hands to their ears as if the storm is getting louder and louder.)

(with excitement):

The disciples looked around in panic! "What are we going to do?" they cried. The boat was swaying violently, and the storm was getting worse. It looked like they were going to sink!

(Act out the disciples' fear. Pretend to wave your arms, as if trying to hold on to something in the storm.)

(shocked, building suspense): But then, do you know what they did? They rushed over to Jesus, who was still sleeping in the back of the boat! They shook Him and cried out, "Teacher! Don't You care if we drown?" (Express the disciples' panic and urgency. Use an anxious voice as they call to Jesus.)

[The Turning Point]

(calming the scene): And you know what happened next? Jesus woke up, but He wasn't afraid. He wasn't worried at all. He calmly stood up in the boat, looked out at the storm, and said to the wind and the waves, "Quiet! Be still!"

(Pause for a moment here for emphasis, then dramatically pretend to calm down the storm. Use a firm, powerful voice for Jesus' words. Encourage the children to act surprised.)

And do you know what happened?

The wind stopped.

The waves grew calm.

It was completely still—like nothing had ever happened!



Week 2: Lesson

(The children should feel the sudden calmness. You could invite them to close their eyes for a moment, pretending the storm has passed, and they're now in complete silence.)

Narrator (amazed):

The disciples looked around in astonishment. The storm had disappeared just like that. They couldn't believe their eyes!

Jesus turned to them and asked, "Why are you so afraid? Do you still have no faith?" (The tone here should be gentle, like Jesus is reminding them of the faith they should have in Him.)

[Reflecting on the Lesson]

The disciples were amazed and asked each other, "Who is this? Even the wind and the waves obey Him!"

(Use a quieter, more reflective tone. Let the children imagine themselves in the disciples' shoes, amazed by the power of Jesus.)

Jesus was showing His disciples—and us—that He has power over everything, even the fiercest storms! And when we're afraid, He's with us. We can trust Him, even when things seem out of control. Because, just like the storm, nothing is too big for Jesus to calm.

[Interactive Moment]

(Invite the children to reflect on how they might feel when they face their own "storms"—difficult or scary situations in life.)

(gently): Have you ever been afraid? Maybe when the thunder is loud, or when things are not going the way you want? Jesus is with you, just like He was with the disciples. You can trust Him to help you through your own storms.



Week 2: Lesson

(Closing Prayer)

Narrator:

Let's take a moment and pray, asking Jesus to help us remember that He's with us no matter what. (Lead the children in a prayer. Here's a simple one they can repeat after you.)

Prayer:

"Dear Jesus,

Thank You for always being with us.

Even when we feel scared or worried, help us to trust You.

Thank You for calming the storms in our lives.

We know You are powerful and loving,

and we trust You to take care of us.

Amen."



Week 2: Stations

World Missions Journey: Asia

Narrator:

"Today, we're going on a fun journey to learn all about Asia! You'll visit three interactive stations where you can create a craft, play with a fun sensory activity, and even try a yummy treat! Along the way, you'll discover some cool facts about Asia and learn how we can help kids in different places across the continent. Loving God on this journey means loving others and sharing hope in many ways. Are you ready to explore and learn all about Asia today?"

(Give directions on how to rotate between each station.)

Stations

Craft: Chopstick Painting

Coloring Page & Prayer Postcard included

• Encourage kids to write a prayer point on the postcard and use it as a prayer prompt whenever they have prayer time at home.

Sensory Activity: Rice Sensory Bin

• It can include Asian coins purchased from Amazon and small plastic toys – Asian inspired animals.

Snack: Asian Sweet Treat